

INTERBIO Summer School

Structural Biology 'NMR Applications in Protein Research'

ITQB Oeiras | 22-30 Sep 2011



Practical information

Contacts

Accommodation

Hotel Praia Mar(A)

Rua do Gurué, 16,2775-581 Carcavelos | Tel: (+351) 214 585 100

Practical sessions

Instituto Gulbenkian de Ciência - IGC

Rua da Quinta Grande, 6, 2780-156 Oeiras | Tel: +351 21 4407900

CCPN Conference

Instituto de Tecnologia Química e Biológica - ITQB-UNL

Av. da República, Estação Agronómica Nacional, 2780-157 Oeiras

Tel: (+351) 21 446 91 00

Conference Dinner

Restaurante Maria Pimenta

Fábrica da Pólvora, 2730-036 Tel. 214 377 391



- ITQB
- IGC
- Hotel Riviera
- Hotel Praia Mar
- Hotel/Hostel St. Julião
- Oeiras Train Station
- ITQB to Train Station
1.0 km - about 3 mins
- Taxi
- Easy Walk suggestion
5.4 km - about 7 mins
- Towards Lisbon
- Towards Cascais/Sintra

Transports

From the Airport to the Hotel

The best way to get to your hotel is to take a taxi. It should cost EUR 25-30.

From the Hotel to the practical sessions (@IGC)

By taxi

You can take a taxi to IGC or ITQB. It should cost around EUR 6.

By train

You can take a train at Carcavelos railway station to the Lisbon direction (Cais do Sodré). Oeiras is just one stop ahead. ITQB and IGC is at a walking distance from Oeiras railway station (~15 min).

From the Hotel to the Conference (@ITQB)

By bus

There will be buses to transport you to/from ITQB
* the buses will be waiting in front of Hotel Praia Mar

By taxi

If you miss the bus you can take a taxi to ITQB. It should cost around EUR 6.

By train

You can also take a train at Carcavelos railway station to the Lisbon direction (Cais do Sodré). Oeiras is just one stop ahead. ITQB is at a walking distance from Oeiras railway station (~15 min).

From the Hotel to the Conference Dinner

By bus

A bus will be waiting for you in front of Hotel Praia Mar to take you to the Conference Dinner.

Buses Time Schedule*

	28th September
@ ITQB (to Hotel Praia Mar)	19h15
	29th September
@ Hotel Praia Mar (to ITQB)	8h30
@ ITQB (to Hotel Praia Mar)	14h45
@ Hotel Praia Mar (to the Conference Dinner)	19h30
@ Conference Dinner (to Hotel Praia Mar)	23h30
	30th September
@ Hotel Praia Mar (to ITQB)	8h30