#### Personal data

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## **Academic degrees**

2006-PhD in Biochemistry-FCL, Lisboa. 1993-degree in Biochemistry-FCL, Lisboa.

## Previous and current scientific and/or professional activities

- From 1993 to 1995- post graduate student at ISA/ITQB;
- From 1996- 2006 PhD student at FCL/ITQB;
- From October 1998-October 1999- Assistant professor at Instituto Superior de Estudos Interculturais e Transdisciplinares from Instituto Piaget
- From 1st October 1999 to 31th October 2005- Assistant professor at Escola Superior Agrária from Santarém;
- Since October 2006 post-doc at ITQB/INSA and FF.
- Since 2012 honorary research fellow at James Hutton Institute in Dundee, Scotland, UK.

# Area of scientific activity

Biochemistry and molecular biology

#### **Present research interests**

Study of the effect of plant phenolic compounds on neurodegenerative diseases that affect man, and of Parkinson's disease in particular. The main areas of research are: biochemical profiling of polyphenols extracted from selected plant sources; screening and selection of the polyphenols for biological activity (antioxidant and cytoprotective activities) in neuronal cell lines; effects on the rotenone-induced neurodegeneration cell model of Parkinson disease through the ubiquitin/proteasome pathway, a proteomic analysis and a transcriptomic analysis.

## **Academic activities**

- Coordination of the Disease & Stress Biology (D&SB) research group-ITQB pole, in collaboration with Prof Ricardo Ferreira.
- <u>Supervision</u> of many final-year undergraduates (13), Master of Science (5) as well as other post-graduates (3). Currently involved in the supervision of 2 post-doc, 4 Ph.D. students and 5 Master of Science.
- Projects
  - Coordination of research project from Fundo EDP para a Biodiversidade "Conservation and Recovery of Threatened endemic Flora in Portugal"-IBET pole.
  - o Leader of the iBET team in EU project EUBerry: "The sustainable

- improvement of European berry production, quality and nutritional value in a changing environment". (EUBerry FP7-KBBE-2010-265942).
- o PTDC/BIA-BCM/111617/2009: "Polyphenols as protective agents in cellular models of alpha-synucleinopaties, in particular Parkinson's disease".
- o Team member of 7 projects (national and EC).
- Member of collaborative network:
  - COST 863: Euroberry Research: from Genomics to Sustainable Production, Quality & Health since 2007
  - COST FA1005- Improving health properties of food by sharing our knowledge on the digestive process (INFOGEST), member of the management committee since 2011.
  - o EPSO Crops, Food and Health working group, since 2011.
- Member of Scientific societies: Portuguese Biochemical Society; Portuguese Society of Plant Physiology; Groupe Polyphenols; GA-Society for Medicinal Plant and Natural Product Research; SPFito - Sociedade Portuguesa de Fitoquímica e Fitoterapia
- Member or organizing/scientific committee of following meetings:
  - o "COST863 Management Committee and Workshop on 'Defining needs of berry industries', Oeiras, 19 th to 21st of March 2009.
  - IV Colóquio Nacional da Produção de Pequenos Frutos, Faro, 20 th to 21 st of April 2012.
- Referee in Scientific Journals: J. Agricultural and Food Chemistry; Journal of Nutritional Biochemistry, Food Chemistry; Water research; J. Berry Research; Molecules

#### **Publications**

## In books:

1. Ferreira R, Monteiro S, Freitas R, <u>Santos C</u>, Chen Z, Batista L, Duarte J, Borges A, Teixeira A (2007) Plant/Fungal Interactions Studied at the Molecular Level *in* Plant Pathology Concepts and Laboratory Exercises, Robert N Trigiano, Mark T Windham, Alan S Windham Eds, 2<sup>nd</sup> Ed, CRC Press.

#### **In International Scientific Journals:**

- 1. <u>Santos CN</u>, Ferreira RB, Teixeira AR (1997) Seed proteins of *Lupinus mutabilis*. *J Agric Food Chem*, 45, 3821-3825.
- 2. <u>Santos CN</u>, Gaspar M, Caeiro AS, Branco-Price C, Teixeira AR, Ferreira RB, (2006) Exposure of *Lemna minor* to arsenite: expression levels of the components and intermediates of the ubiquitin/proteasome pathway. *Plant Cell Physiol*, 47, 1262-1273.
- 3. Ferreira RB, Monteiro S, Freitas R, <u>Santos CN</u>, Chen Z, Batista LM, Duarte J, Borges A, Teixeira AR (2006) Fungal pathogens: The battle for plant infection. *Critical Rev Plant Sci* 25, 505-524.
- 4. Ferreira RB, Monteiro S, Freitas R, <u>Santos CN</u>, Chen Z, Batista LM, Duarte J, Borges A, Teixeira AR (2007) The role of plant defence proteins in fungal pathogenesis, *Mol Plant Pathol*, 8, 677–700.
- 5. Menezes R, Amaral C, Batista-Nascimento L, <u>Santos C</u>, Eleutherio E, Ferreira R, Devaux F, Rodrigues-Pousada C (2008) Contribution of Yap1 towards *S. cerevisiae* adaptation to arsenic mediated oxidative stress. *Biochem J* 414, 301–311.

- 6. Fortalezas S, Tavares L, Pimpão R, Tyagi M, Pontes V, Alves P, McDougall GJ, Stewart D, Ferreira R, <u>Santos CN</u> (2010) Antioxidant properties and neuroprotective capacity of strawberry tree fruit (*Arbutus unedo*). *Nutrients* 2, 214-229.
- 7. Tavares L, Fortalezas S, Carrilho C, McDougall GJ, Stewart D, Ferreira RB, Santos C (2010) Antioxidant and antiproliferative properties of strawberry tree tissues. *J Berry Research*, 1, 3-12.
- 8. Tavares L, Carrilho D, Barata D, Serra T, Duarte C, Feliciano R, Bronze R, Duarte R, Chicau P, Espirito-Santo D, Teixeira A, Ferreira R, Santos C (2010) Antioxidant capacity of Macaronesia traditional medicinal plants. *Molecules*, 15, 2576-2592.
- 9. Tavares L, Alves PM, Ferreira RB, <u>Santos CN</u> (2011) Comparison of different methods for DNA-free RNA isolation from SK-N-MC neuroblastoma, *BMC Research Notes*, 4, 3.
- 10. Pinto MP, <u>Santos CN</u>, Henriques C, Lima G, Quedas F (2011) Lycopene content and antioxidant capacity of Portuguese watermelon fruits. EJEAFChe, 10, 2090-2097.
- 11. Tavares L, Fortalezas S, Tyagi M, Barata D, Serra T, Duarte C, Duarte R, Feliciano R, Bronze MR, Espírito-Santo MD, Ferreira RB, <u>Santos CN</u> (2012) Bioactive compounds from endemic plants of Southwest Portugal: Inhibition of acetylcholine esterase and radical scavenging activities. *Pharm Biol* 50, 239-246.
- 12. Tavares L, Figueira I, Macedo D, McDougall GJ, Leitão, MC, Vieira HLA, Stewart D, Alves PM, Ferreira RB, <u>Santos CN</u> (2012) Neuroprotective effect of blackberry (*Rubus* sp.) polyphenols is potentiated after simulated gastrointestinal digestion. *Food Chem* 131, 1443-1452.
- 13. Tavares L, Figueira I, McDougall GJ, Vieira HLA, Stewart D, Alves PM, Ferreira RB, <u>Santos CN</u> (2012) Neuroprotective effects of digested polyphenols from wild blackberry species. *Eur J Nutr* (DOI) 10.1007/s00394-012-0307-7.
- 14. Tavares L, McDougall GJ, Fortalezas S, Stewart D, Ferreira RB, <u>Santos CN</u> (2012) The neuroprotective potential of phenolic-enriched fractions from four *Juniperus* species found in Portugal. *Food Chem* (DOI) 10.1016/j.foodchem.2012.05.023.
- 15. <u>Santos CN</u>, Tavares L, Martins IL, Ricardo CP, Teixeira AR, Ferreira RB (2011) Influence of the cell redox state on the response of *Lemna minor* proteome to arsenite (submitted).
- 16. <u>Santos CN</u>, Alves M, Bento I, Ferreira RB (2012) A missing piece in the protein deposition and mobilization in the storage vacuoles: calcium and magnesium (submitted).
- 17. <u>Santos CN</u>, Teixeira AR, Ferreira RB (2012) The supply of protein substrates for the ubiquitin/proteasome pathway depends upon the redox state of *Lemna minor* cells (submitted).
- 18. Cardoso S, Pinto P, Lima G, Pimpão R, Tavares L, Ferreira RB, <u>Santos CN</u> (2012) Assessment of Portuguese fruit and vegetable consumption by on-line semi-quantitative food frequency questionnaire (under revision).
- 19. Carvalho M, <u>Santos CN</u>, Caeiro AS, Monteiro S, Teixeira AR, Ferreira RB (2012) Role of the Ubiquitin/proteasome pathway in *Vitis vinifera/Uncinula necator* compatible interaction (under revision).
- 20. Macedo D, Tenreiro S, Outeiro T, Ferreira RB, <u>Santos CN</u> (2012) Polyphenol enriched fractions with protective effect in Parkinson's disease yeast model (in preparation).
- 21. <u>Santos CN</u>, Duarte D, Barata D, Tavares L, Carrilho D, Teixeira A, Alves P, Ferreira R (2012) Phytochemical evaluation of *Quercus* species Antioxidant properties of *Q. suber* leaves in a neurodegeneration cell model (in preparation).

- 22. <u>Santos CN</u>, Alves M, Ferreira RB (2012) Purification and characterization of beta-N-acetylhexosaminidase from *Lupinus albus* seeds (in preparation).
- 23. Pimpão RC, Dew T, Oliveira P, Williamson G, Ferreira RB, <u>Santos CN</u> (2012) Analysis of wild *Corema album* and *Arbutus unedo* fruits phenolics in comparison commercial berry fruits by HPLC-DAD after enzyme hydrolysis (in preparation).
- 24. Tavares L, Pimpão RP, McDougall GJ, Stewart D, Ferreira RB, <u>Santos CN</u>. Understanding pholyphenols production in *Juniperus* sp.: seasonality and response to stress situations (in preparation).
- 25. Pimentel C, Caetano S, Menezes R, Figueira I, <u>Santos CN</u>, Carreto L, Ferreira RB, Rodrigues-Pousada C (2012) The role of the yeast transcription factor Yap1 in cobalt detoxification (in preparation).
- 26. Tavares L, Gardner R, Jorg B, Ferreira RB, <u>Santos CN</u> (2012) Differential expression of genes involved in neuroprotection conferred by blackberry polyphenols derived from digestion, (in preparation).
- 27. Matias A, Nunes S, Poejo J, Figueira I, Mecha E, <u>Santos CN</u>, Ferreira RB, Serra AT, Bronze MR, Duarte CMM (2012) *Opuntia ficus indica* polyphenolic-rich extract as potential modulator of intestinal inflammation A nutritional approach for Inflammatory Bowel Diseases? (in preparation).
- 28. Serra AT, Nunes S, Figueira I, <u>Santos CN</u>, Ferreira RB, Bronze MR, Matias AA, Duarte CMM (2012) Protective effect of a Polyphenol-rich extract derived from sweet cherries culls against oxidative cell damage in human intestinal epithelial cell-model (in preparation).
- 29. Fortalezas S, Figueira I, Pimpão R, Miguel C, Aguiar C, Ferreira RB, <u>Santos CN</u> (2012) *In vitro* micropropagation of endangered *Antirrhinum lopesianum* and production of phenolics and flavonoids (in preparation).

# Gene and protein sequences:

• 49 sequences submitted at NCBI

# Abstracts in international scientific periodicals with referees:

- 1. Tavares L, Pimpão RC, <u>Santos C</u>, McDougall GJ, Stewart D, Ferreira RB. Phytochemical characterization of *Juniperus spp.* leaves. 57th International Congress and Annual Meeting of the GA. August 16 20, Geneva, Switzerland. *Planta Med* 2009. 75, 923.
- 2. <u>Santos C</u>, Tavares L, Fortalezas S, Carillho D, Pontes V, McDougall GJ, Stewart D, Ferreira RB. 2009. Neuroprotective and MMP-9 inhibitory activity of hydroethanolic extract of *Arbustus unedo* leaves. 57th International Congress and Annual Meeting of the GA. August 16 20, Geneva, Switzerland. *Planta Med* 2009. 75, 924.

## Papers in conference proceedings with referee:

- 3. <u>Santos CN</u>, Ferreira RB, Teixeira AN, Freitas RM (1996) "Characterisation of *Lupinus mutabilis* (cv. Potosi) seed storage proteins". Proceedings of the Eighth International Lupin Conference, Pacific Grove, USA, pp 211-213.
- 4. <u>Santos CN</u>, Ferreira RB, Teixeira AN (1996) "Cold Tolerance studies with two *Lupinus mutabilis* cultivars". Proceedings of the Eighth International Lupin Conference, Pacific Grove, USA, pp 455-458.
- 5. Santos C, Ferreira R, Teixeira A (1998) "Preliminary characterisation of a

- glycosidase possibly involved in the mobilisation of storage proteins from *Lupinus albus* seeds". Proceedings of the 3<sup>rd</sup> European Conference on Grain Legumes, Valladolid, Spain, pp 296-297.
- 6. <u>Santos C</u>, Rajasekhar T, Ferreira R, Teixeira A (2004) "Cation content of the protein storage vacuoles from *Lupinus albus* cotiledons". Proceedings of the 10<sup>th</sup> International Lupin Conference, Laugarvatn, Iceland, pp 294-295.
- 7. Carrilho D, Tavares L, Barata D, <u>Santos C</u>, Serra T, Duarte R, Duarte C, Espírito-Santo D, Teixeira A, Ferreira R (2008) "Antioxidant properties and phytochemical analysis of an uncharacterized Portuguese endemic aromatic herb, *Thymus capitellatus*". Proceedings of the XXIV<sup>th</sup> International Conference on Polyphenols, Salamanca, Spain, Vol. 2 pp 467-469.
- 8. Tavares L, Barata D, <u>Santos C</u>, Carrilho D, Serra T, Feliciano R, Duarte C, Bronze R, Oliveira P, Ferreira R (2008) "Phytochemical characterization of leaf and root tissues from raspberry, including antioxidant activity evaluation". Proceedings of the XXIV<sup>th</sup> International Conference on Polyphenols, Salamanca, Spain, Vol. 1 pp. 407-409.
- 9. <u>Santos C</u>, Duarte D, Barata D, Tavares L, Carrilho D, Serra T, Teixeira A, Duarte C, Alves P, Ferreira R (2008) "Phytochemical evaluation of *Quercus* species- Antioxidant properties of *Q. suber* leaves in a neurodegeneration cell model". Proceedings of the XXIV<sup>th</sup> International Conference on polyphenols, Salamanca, Spain, Vol 2. pp. 789-791.
- 10. Tavares L, Pimpão R, Ferreira RB, <u>Santos CN</u> (2010) "Phenolics biosynthesis in response to stress conditions in Juniperus sp.", Proceedings of the XXVth International Conference on polyphenols, Montpellier, France, 261-262pp.
- 11. Pimpão R, Tavares L, Oliveira P, Ferreira R, <u>Santos CN</u> (2010) "Antioxidant properties and nutritional quality assessment of berries produced in Portugal", Proceedings of the XXVth International Conference on polyphenols, Montpellier, France, 448-449pp.
- 12. <u>Santos C</u>, Tavares L, Pontes V, Ferreira R (2011) "Poder antioxidante dos pequenos frutos e seus efeitos benéficos para a saúde humana", Proceedings of the III Colóquio Nacional da Produção de Pequenos Frutos, Sever do Vouga, Portugal published in "Actas Portuguesas de Horticultura" nº 18.

## **Communications**

## Oral communications by invitation

- 1. <u>Santos CN</u>, Gaspar ME, Ferreira RB, Ricardo CP, Teixeira AR (1995) "Aumento dos níveis de glicolato oxidase em *Lemna minor* em situações de choque térmico e na presença de metais pesados", IV Congresso Luso-Espanhol de Fisiologia Vegetal, Estoril, Portugal, from 3 to 6 October; Abstract nº 93.
- 2. Ferreira R, Caeiro A, <u>Santos C</u>, Teixeira A (1996) "The plant 26S proteasome",  $10^{th}$  Congress of the Federation of European Societies of Plant Physiology (FESPP), Florence, Italy from 9 to 13 September; Abstract published in the special edition of Plant Physiol Biochem pp 336-337 U-06.
- 3. Caeiro A. Branco C, <u>Santos C</u>, Teixeira A, Ferreira R (2002) "The Ubiquitin/proteasome Pathway from *Lemna minor* Transcription of E1 and the 26S Proteasome During Heat Shock", XIII Congresso Nacional de Bioquímica Lisboa, Portugal, from 5 to 7 December; Abstract CS-1.
- 4. Ferreira RB, <u>Santos CN</u>, Martins PD, Caeiro AS, Price CB, Teixeira AR (2003) "Increase in E1 protein precedes its mRNA transcript accumulation during heavy

- metal stress (arsenite) in *Lemna minor*" VIII Congresso Hispano-Luso de Fisiologia Vegetal, Palma de Maiorca, Spain, from 16 to 20 September.
- 5. <u>Santos CN</u> (2007) "Search for plant phenolic compounds exhibiting antioxidant activity and neuroprotective properties in a neuronal cell model of Parkison's disease", Small group meeting from the COST863 on small fruit production systems, Oeiras, Portugal, from 8 to 10 November.
- 6. <u>Santos C</u>, Tavares L, Duarte D, Esteves S, Pontes V, Teixeira A, Ferreira R (2008) "Poder antioxidante dos pequenos frutos e seus efeitos benéficos para a sáude humana", III Colóquio Nacional da Produção de Pequenos Frutos, Sever do Vouga, Portugal, from 26 to 27 de June.
- 7. Tavares LR, <u>Santos CN</u>, McDougall GJ, Stewart D, Ferreira RB (2008) "Portuguese endemic wild blackberries as an alternative source of polyphenols and antioxidant activity", COST863 WG1 + WG4 Joint Meeting Bioactive compounds in berry fruits: genetic control breeding cultivar analytical aspects and human health, Zurich, Switzerland, from 3 to 5 December.
- 8. <u>Santos C</u>, Tavares L, Pontes V, Alves P, Ferreira R (2008) "Antioxydant capacity of portuguese endemic *Rubus* fruits in a neurodegeneration cell model", COST863 WG1 + WG4 Joint Meeting Bioactive compounds in berry fruits:genetic control breeding cultivar analytical aspects and human, Zurich, Switzerland, from 3 to 5 December.
- 9. Tavares LR, <u>Santos CN</u>, McDougall GJ, Fortalezas S, Carrilho D, Stewart D, Ferreira RB (2009) "Phytochemical profiling of different tissues from Portuguese endemic *Rubus* species" COST863 Management Committee and Workshop on Defining needs of berry industries, Lisboa, Portugal, from 19 to 21 March.
- 10. Tavares, L, McDougall GJ, Stewart D., Ferreira RB, <u>Santos CN</u> (2010) "Neuroprotective effects of serum bioavailable metabolites from *Rubus* sp." 1st ITQB PhD Students' Meeting, Instituto de Tecnologia Química e Biológica, Oeiras, Portugal, 21-22 October.
- 11. <u>Santos CN</u>, Tavares L, Figueira I, Alves M, Stewart D, Pimpão R, Willianson G, Ferreira RB (2011) "Plant-derived compounds and neurodegenerative diseases." EPSO Workshop, Plant Pigments and Human Health, Gerona, Spain, 24-26 May.
- 12. <u>Santos CN</u>, Tavares L, Alves M, Macedo D, Pimpão R, Figueira I, Fortalezas S, Ferreira RB (2011) "Fitoquímicos das plantas como agentes neuroprotectores." XII Semana das Ciências Agrárias, Bragança, Portugal, 16 March.
- 13. <u>Santos CN</u>, Tavares L, Figueira I, Alves M, Pimpão R, Macedo D, Pinto P, Ferreira RB (2011) "Pequenos frutos e seus efeitos benéficos para a saúde humana." Fórum 4 Alimentação, Tecnologia, Qualidade, Segurança, Santarém, Portugal, 16 November.
- 14. Tavares L, Figueira I, McDougall GJ, Stewart D, Ferreira RB, <u>Santos CN</u> (2012) "Amoras, o segredo para um envelhecimento saudável?" IV Colóquio Nacional da Produção de Pequenos Frutos, Faro, Portugal, 20-21 April.

Over 50 posters presented at scientific meetings, both national and international.